

Flagstaff Athletic Club

Invites Flagstaff Public Schools to get

Kids in Motion

October 19-25, 2014

Any Flagstaff Public School student can use this pass to bring their family to FAC. In doing so, you will earn points and money for your schools' Physical Education Program. Each family that enters the club together earns 2 points for the noted school. (Parents are permitted to use the club without their children; however points will only be awarded when a family comes in to use the club together.)

Bring in your pass and get active with your family for FREE during the week of October 19-25 (one pass per visit)! We offer basketball, swimming, group fitness classes, volleyball and more.

The following FAC Children's rules apply:

AGES 0-11

- A. May not enter nor be at FAC without adult over 18.
- B. Not allowed in indoor Jacuzzis, saunas, steam rooms, weight rooms, or on cardio equipment.
- C. **Children 0-5 need direct adult supervision in all areas of the club.**
- D. Age 2 and over not allowed in opposite gender locker room.
- F. **Children 6-11 May use dry areas of locker rooms downstairs halls, and lobbies. All other areas of the club require direct adult supervision.**

AGES 12-15

- A. May not enter nor be at FAC without an adult over 18 unless Independence Certified.
- B. **May use dry areas of locker room, showers, halls, lobbies, courts, gym and aerobic rooms. All other areas of the club require direct adult supervision.**

***Children under 16 may not be dropped off at either club. An adult over age 18 must accompany all children 15 and younger.**

(Cut Here)

School Name _____

Kids in Motion (KIM) Pass

1. I/We agree to use pools, Jacuzzis, steam room, sauna, Bodymasters, free weights, Life Circuit, Free Motion, Gravitron, exercise bikes, treadmills, Nordic Tracs, Versa Climbers, rowers, Stairmasters, ellipticals, aerobics rooms, racquetball courts, and all other areas of the club in accordance with policies now in effect as posted in the club.
2. I/We agree to indemnify and hold harmless from liability the Flagstaff Athletic Club, Inc., its shareholders and its employees from any personal or property injury or loss resulting from use of any parts of Flagstaff Athletic Club, including pools, Jacuzzis, steam room, sauna, Bodymasters, free weights, Life Circuit, Gravitron, exercise bikes, treadmills, Nordic Tracs, Versa climbers, rowers, Stairmasters, ellipticals, aerobics rooms, racquetball courts, and all other areas of the club in accordance with policies now in effect as posted in the club.
3. Children under 16 years of age may not enter or be at Flagstaff Athletic Club without an adult (18 years).
4. I/We are aware that Flagstaff Athletic Club's pools and Jacuzzis do not have a lifeguard most of the time. I/We will use at my own risk and supervise children as posted.



FLAGSTAFF ATHLETIC CLUB

Names: _____

(Please list all family members entering club.)

School: _____

Address: _____ Phone: _____

Date: _____ Time: _____ Club: East West

Signature of Adult: _____

One completed pass per family per visit is required. You are encouraged to make as many copies of this pass as needed and use the club more than once during the month of October. Additional passes are also available through your child's school. All FAC supervision rules apply. This pass is intended to be used by school children and their families and is not available for use of the club for birthday parties and/or other special events.

(Valid October 19-25, 2014)